



R A Butler Academy

# Young Carers Policy

January 2025

Headteacher's signature	<i>Signed copy on file in HT office</i>
Chair of Governors' signature	<i>Signed copy on file in HT office</i>

**R A Butler Academy is committed to supporting Young Carers to access education. This policy aims to ensure young carers are identified and offered appropriate support to access the education to which they are entitled.**

### **Definition**

A young carer is a child or young person (under 18 years old) who is helping to look after someone. This may be at home, but could also be a person who lives away from the family home. Most are caring for a parent, but some may be taking responsibility for a sibling, grandparent or other relative. It may also be the case that the young carer is looking after a family friend.

In some instances, a young carer may care for more than one person.

The person(s) they look after will have one or more of:

- Physical disability (including sensory disability)
- Learning disability
- Mental health problem
- Chronic illness
- Substance misuse problem

A young carer will take on additional responsibilities to those appropriate to their age and development. A young carer might be providing the main care or share responsibilities with another family member. The caring tasks that a young carer has to deal with can range from:

- **Nursing care** - giving medication, injections, changing dressings, assisting with mobility etc.
- **Personal intimate care** - washing, dressing, feeding and helping with toilet requirements.
- **Emotional care** - being compliant, monitoring the emotional state of the person cared for, listening, being a shoulder to cry on, supporting a parent through depression and trying to cheer them up.
- **Domestic care** - doing a substantial amount of housework, cooking, shopping, cleaning, laundry etc.
- **Financial care** - running the household, bill paying, benefit collection etc.
- **Child care** - taking responsibility for younger siblings in addition to their other caring responsibilities.

At R A Butler Academy, we believe that all children and young people have the right to an education, regardless of what is happening at home.

When a young person looks after someone in their family who has a serious illness, disability or substance misuse problem, they may need a little extra support to help them get the most out of

school. Our Young Carers Policy explains how we will help any pupil who helps to look after someone at home.

### **Our school:**

- Has a member of staff with special responsibility for young carers and lets all new pupils know who they are and what they can do to help.
- Can put young carers in touch with the local Young Carers Service. We can also put families in touch with other support services.
- Is accessible to parents who have mobility and communication difficulties and involves them in parents' evenings.
- Respects your right to privacy and will only share information about you and your family with people who need to know to help you.
- Allows young carers to telephone home during breaks and lunchtimes.
- Complies with the Disability Discrimination Act by offering disabled parents support to get their children into school.
- Has annual training with regards to Young Carers
- Holds annual Young Carer assemblies. These may be led by our Young Carers Lead or by a visiting speaker (e.g. Youth service ECC).
- Commits yearly, to seeking the views of Young Carers regarding the school's provision

If you think your child might be a Young Carer or could be affected by any of the issues highlighted or have any further questions, please contact Debbie Jenkins by email [admin@rab.academy](mailto:admin@rab.academy) and she can arrange to speak to you directly. Any information that is given to the school will be treated sensitively and no information will be shared without your knowledge.

At R A Butler our Young Carers have named their group 'Chicken Dippers'. The children enjoy the support they receive from the adults and their peers.

*"Being a Young Carer means I have a responsibility to take care of someone and Chicken Dippers is a place with other people who have that responsibility too. It makes me feel happy to be going as I love doing all the activities and everyone who goes has a voice." Year 4 child*

*"I like going to Chicken Dippers because it is a fun and exciting place to be and I feel like I can express myself and talk about things." Year 6*

This policy is monitored by the governing body, and will be reviewed every year.