



The Sport Buzz

R A Butler's Half– termly Sports Update— October 2025

Dear Parents and Carers,



Welcome back to another sporting year at RAB. We have had a fantastic start with a number of sporting events already taking place and there is no sign we're slowing down next term. We have had our annual football, dodgeball, golf, Kurling and boccia tournaments and record breaking numbers taking part in cross country events.

As part of our Active Heroes initiative in school we have also added two new clubs that currently our KS2 children can join during the school day.

Monday break times is our new running club with Mr Moss the **Mileage Makers**. Jack E and Henry H (yr 6) are our current leaders running 10miles this half term so far. The other is the **Zen Zone** on Wednesday break times which offers yoga and mindfulness sessions, working on stretching, breathing and mindfulness. Both are free and open to everyone so please do encourage your child to come along.

Please take a look at the diary dates for next half term with some additional changes to our training timetable.

Football

We kicked off this half term with football beginning with the girls football festival which is always an exciting and fun event. Across the day we took girls from years 4,5&6. It was a fabulous day with all the girls having great fun learning new skills and playing games against new people and different schools.



We also had our year 5&6 Girls and Boys football tournaments and had two teams in each competition. The boys competition is always fiercely competitive with schools from not only local areas but Dunmow and Stansted too. Navy won every one of their games except their last which was so close, they took silver.

The Yellow team also played exceptionally well with some close games and took 5th overall. Well done Boys!

It was then the girls turn in the afternoon, with some amazing football skills on display. Playing teams from other large schools in Uttlesford, they also won every game but 1 and in a strange turn of events all top 3 teams had won all but 1 game showing just how closely matched these teams were. It then came down to goal difference and so the girls narrowly missed on 1st, taking bronze. Our Yellow team also had a great afternoon, winning 2, drawing 1 and losing 2 taking 4th place overall. Well done Girls!



KS2 Kurling and Boccia

We took 3 teams along to the Kurling and Boccia competition this half term and it is such a lovely event for the children to attend. All our teams compete in both Kurling and Boccia disciplines. The morning was so much fun with all teams demonstrating fantastic teamwork and great accuracy. We had success in the Boccia with our yellow team winning every one of their games to make it through to the Boccia finals. This was a really close match and sadly they lost 2 -1 to take an impressive Silver place! All teams did so well, got lots of stickers and had lots of fun. Amazing!

Golf

Schools from all over Uttlesford took part in the inter schools golf tournament at Chesterford Science Park. RAB were represented by Freddie W, Johnny M, Bale L, Henry D, Max G and Ned S. All did really well with a couple just missing out on medals. Max and Ned came 3rd In their age division as did Henry D. Freddie and Johnny narrowly lost their age division by a shot as they collected second place. All did an amazing job, the next competition will be at Saffron Golf club later in the year. Well done to all involved.

Cross Country

We took 125 children to the cross country at Caver Barracks which was amazing. The competition was open to all and the children were running against other local schools. The top 6 boys and girls from RAB have qualified through to the next round and we had some amazing team results. **Y3 & 4 boys and girls all came 1st in their age divisions. Year 5 boys and girls both got second place and year 6 girls came 3rd whilst the boys came 2nd overall.** We are so proud to have so many children representing the school in these challenging races on difficult terrain. We had some medal winners too Joseph T (Y3), Florence P (Y3) Holly Norris (Y4), Phoebe TC (5), Freddie W(Y6) which was amazing. The children who have qualified will have received a letter informing them of this and training will begin next term for the next round of events. So proud of the children for putting themselves forwards and showing outstanding resilience.



Diary dates Provisional 24/25 November

Thurs 6	Year 5 & 6 Tag rugby comp
Thurs 13	KS1 Inclusion @ LBLC
Tues 18	Year 4 Dodgeball comp
Thurs 20	Tag Rugby finals 5/6
Wed 26	Archery KS2
Fri 28	KS1 Panathlon
Tbc	Basketball year 5/6

December

Thurs 4	Year 5/6 Dodgeball finals
Fri 5	Year 4 Dodgeball finals

Team Training Weekly

AM

Thurs	Netball team training
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BREAK

Tues	Cross Country
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LUNCHTIME

Mon	Y4 Dodgeball
Tues	Yr 5&6 Football alternate weeks
Wed	Gymnastics
Thurs	Tag Rugby
Fri	Archery—KS1 Hall
	Year 5/6 Basketball Astro

AFTER SCHOOL

Fri	Hockey
	Swim Squad @ LBLC

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Dodge, Duck, Dip, Dive and.....Dodgeball

Wow! Is all I can say in summary to our dodgeball competition this week.

We took 60 children and had 6 teams competing in 3 different tournaments and every child did RAB proud showing their fantastic dodgeball skills, dodging, catching and throwing whilst demonstrating brilliant teamwork. In tournament 3 we had RAB Pink and they played some tough competition in their league but showed real resilience, they came 5th overall. In tournament 2 we had two teams, green and yellow. They played fantastically well, with our yellow team placing 4th and the Green team winning their tournament overall.

Lastly in the tournament 1 we had 3 teams Red, Navy and Orange. We played some nail biting games with some really tough competition from STM, St Marys, KS and Great Sampford. Red won, drew and lost a game in the pool stages so they went through for the 5th place playoff and won to take 5th overall.

RAB Orange were our year 5 team in this tournament and they played against some strong year 6s but finished their pool second place taking them to a nail biting semi final against RAB Navy who won every game in the pool stages. The semi finals were electric with an all KS semi and an all RAB semi. Navy won 2-1 which placed them in the final and Orange played for 3rd place. In what was a very close and tense match against KS yellow, Orange won 2-1 so took 3rd place overall. Then the final KS v RAB, another massively tense final, RAB Navy took the win 3-0 in the final to take gold! The children were so happy and all the children did an amazing job. RAB Orange and Navy have qualified through to the next round. Well done everyone.



Year 4 Multi skills Festival led by Sport Leaders

We took over 30 Year 3 children to St Thomas Moore for a multi skills afternoon, which was so much fun. The children worked in small groups and visited a number of different stations which had different games and activities focusing on a variety of skills. These stations were led by Year 6 sport leaders including our very own, who did an amazing job leading the stations and showing the children what they needed to do. A great afternoon and amazing opportunity for all involved. Watch this space for more festivals like this throughout the year. Thank you to our year 6 leaders for doing a fantastic job and providing so much encouragement to the younger ones.

Sporting Achievements

We love hearing about your sporting achievements outside of school, please email pe@rab.academy if you have anything you would like to share that we can include in the Sports Buzz.

We would like to say a HUGE THANK YOU to all our parents and carers who have helped out this half term, we have had some huge events that would just not have been possible without your help so we appreciate this very much!

A new squad training timetable will be sent out on the inset day so please look out for any changes.

We wish you and all your families a lovely half term break and look forward to another half term of sporting success. Don't forget that it is inset day on Monday 3rd of November.

**Have a lovely Half term.
RAB PE department.**

