



The Sport Buzz

R A Butler's Half- termly Sports Update— December 2025

Dear Parents and Carers,



What an incredible first term it's been for RAB. We kicked off the year's sporting calendar with outstanding success across multiple events and most importantly, with a huge number of children getting involved in school sport. This half term we have continued our success in a number of different sports with more details below. On the Dodgeball court, RAB have been demonstrating their amazing, dodging, ducking and diving by being the proud winners of both the year 5 & 6 and year 4 local events and have played in the USSP finals this month, with not one but two teams participating in both! Competitive sport is just one of our strengths, we have also attended, multi skills events for both Infant and Junior and attended inclusive events like festivals and panathlons where we have had great success, fun and participation. We have also had our annual Xmas assault course in school with the whole school taking part!

Finally, we had tag rugby triumph being the proud winners of the local school competition and coming 3rd in the Uttlesford finals, and we went through to the level 3 event in basketball representing Uttlesford in the county finals. We pride ourselves as a school on being able to offer such fantastic sporting possibilities to all our children and the opportunity to enjoy sport in many different ways.

We look forward to continuing this in 2026. Below is a snapshot of some of our events this half term.

Christmas Assault Course

It was so lovely to see every child across the school from reception to year 6 enjoying the assault course last week.

The sound of Christmas tunes and the flurry of snow carried across the school grounds with children enjoying climbing, up, over and through various obstacles and of course being blasted by the snow machine. It was a huge team effort from the PE department and a special thanks to Mr Game who helped too. Our year 5 & 6 helpers were fantastic as always and a great help making the course even more fun for everyone.



Basketball

This term, we took three combined teams of Year 5 and 6 children to attend the USSP basketball competition at SWCHS. The three teams played some excellent basketball, showcasing their strengths against some tough local schools. The orange team finished 4th and Green team 8th. The Navy team were worthy winners of the competition, defeating every team that they played against. This meant they qualified for the county finals in Colchester, where they faced the top 12 teams in Essex across the final competition. After some close matches in the group stage, the children finished 4th in their group narrowly missing out by 1 basket in some matches. This did not dampen their mood or spirit, still having a chance to finish as high as possible going into the 2nd part of the competition. They held their heads high, and played with great pride, showing their determination and resilience in the second stages, winning all 3 of their final games convincingly (16-2, 10-0 and 10-4). The team finished 9th overall in the county, which is a great achievement and we could not be prouder.



Archery



We also participated in and hosted the KS2 archery competition here at RAB in November. We entered the competition with two Year 4 teams and two Year 5 & 6 teams. All the children showed off some excellent shots, being very precise and accurate. Our Y6 team finished 3rd overall and our Y5's finished 6th overall. One of our year 4 teams finished 6th overall, whilst our other year 4 team claimed silver and have qualified for the Uttlesford finals in the new year. Special mentions go to Harry B for taking Gold for the individual highest score and Wilf M taking the individual bronze. Congratulations everybody!

Diary dates Provisional 2026

January

- Wed 14 KS2 Swimming Gala
- Tues 20 Year 4 Sports Hall Athletics
- Weds 21 Year 5 & 6 Sports Hall Athletics
- Thurs 29 Active Maths festival

February

- Tues 3 KS1 Panathlon
- Tues 10 Year 4 Tag Rugby

Team Training Weekly

AM

- Thurs Netball team training

BREAK

- Tues Cross Country KS2

LUNCHTIME TBC

AFTER SCHOOL

- Fri Hockey (*League at JFAN starts in Jan, more info to be sent*)

R A Butler's Half– termly Sports Update



Dodge, Duck, Dip, Dive and.....Dodgeball Fever ...

We have loved our Dodgeball this term and have two teams from 5 & 6 and year 4 successfully qualifying for the USSP Finals.

Year 4 Dodgeball

Dodgeball has been a great success for our RAB children. We entered four teams to attend the Year 4 dodgeball competition at Lord Butler Leisure centre earlier this term, all representing RAB fabulously against other local schools. All of our teams played some excellent dodgeball, all finishing in the top 3 of their groups– which meant they progressed into the second round. Our Navy team went undefeated, winning every game and finishing 1st overall, our Yellows finished 4th overall, winning their last game by 1 point difference, RAB Green finished 5th place and our Orange team finished in 6th place. To have all 4 of our teams in the top 6 out of 12 is a brilliant achievement, one we were all very proud of. As a result of our Navy team and Yellow team finishing in the top 4, they progressed to the Uttlesford finals held at Felsted school. Once again, the children were focused to achieve the best outcome possible from the very start. After a positive start, our Navy team won every match and progressed to the overall semi-finals, whilst our Yellow team finished 4th in their group, meaning they claimed 9th overall. After a very tense semi-final, the children powered on and won their semi-final by 1 point which set up a superb final against a tough opposition who were also undefeated. This did not hinder the performance of the children, and they all were determined to win– dodging, ducking and diving to glory to become Uttlesford Champions!

Year 5/6 Dodgeball

We also took 2 teams to the Uttlesford Year 5/6 Dodgeball Finals this term. 16 teams, all the winners from across the Uttlesford area took part. RAB Navy came out strong, winning all their first games, every game they played was closely fought, there was some amazing dodging! They showed real teamwork and resilience. They played 7 games in total and only lost one which again was just a 2-1 loss and was so close. RAB Yellow also did amazingly well in their pool losing just one and drawing one to win all their other games. In the final games for 3rd place playoff, RAB Navy came away with 3rd place, bronze and RAB Yellow came 4th out of 16 teams. We could not have been prouder of both teams and to have not one but 2 teams in the top 4 was amazing! They represented RAB brilliantly. Well done!

Golf

It was the Years 5 and 6 school pairs golf competition contested by 28 players from all over Uttlesford. The day was won by Freddie W and Johnny M by a shot from the Thomas Moore team. In the third place was Bale L and Louie D who finished two shots back overall. Not only did the boys do well on the course but the, effort, team work and spirit amongst them was credit to them and the school. Well done boys, amazing work!



Sporting Achievements

This term we celebrate Ruth C's (year 6) achievements as she has been competing in triathlons outside of school for the East Region Junior Triathlon League. She won two of her triathlons and finished 3rd in the league, wow! Ruth was then selected to represent the East Region in the Inter Region Duathlon, East V South East V London, held in the Olympic Park and finished 7th! What an amazing achievement, her family are so proud and so they should be of such brilliant dedication and determination.

We love to hear about your sporting achievements outside of school, please send them into pe@rab.academy so we can feature these in our sports Buzz.



A Message from PE

Thank you to all the parents and helpers who have helped at events this term.

It has been a fantastic term for sport and we have not only won so many events but we have had some record breaking numbers participating in sports which is the most important thing to us.

Children loving, participating and enjoying sports.

We also have two new clubs during school, 'The Zen Zone' and the 'Milage Makers' to encourage children to join either in yoga and mindfulness or running, these are non competitive and all about fun, being active and finding a sport for you!

The PE department want wish you all a Merry Christmas and a Healthy and Happy New year and thank you.



Looking ahead ...

New squad training timetable will be sent out in the new year which details the new team training timetable for the upcoming half term.

KS2 PE next term will be hockey so remember your gumshields and shinpads!

**Have a Merry Christmas and Happy New Year
From RAB PE department.**