

PSHE	<p align="center">Curriculum content and skills progression</p> <p align="center">At RA Butler Academy we use the Cambridgeshire Personal Development Programme for content, activities and resources.</p> <p align="center"><i>Please note this is a 2-year rolling programme.</i></p> <p align="center"><i>All content is planned across phase groups with the exception of the Relationships & Sex Education unit - these are planned for and taught in single year groups by the class teacher</i></p>					
	Year A 2025-26 2027-2028	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1
		<p>1 day of Anti-Bullying to be taught as part of Anti-bullying week</p> <p>Anti-bullying Myself and my relationships AB12/AB34/AB56 (light touch only)</p>	<p>1 day of E-safety to be taught as part of Safer Internet Week</p>		<p>RSE unit to be taught by class teacher last week of Summer 1</p>	
Foundation Stage	<p>Beginning and Belonging Myself and my relationships BBF</p>	<p>Family and Friends (including anti-bullying) Myself and my relationships FFF + My Emotions Myself and my relationships MEF</p>	<p>Identities and Diversity Citizenship IDF</p>	<p>Me and My World Citizenship MWF</p>	<p>My Body and Growing Up Healthy & safer lifestyles BGF</p>	<p>Healthy Lifestyles Healthy & safer lifestyles HLF</p>
Year 1	<p>Beginning and Belonging Myself and my relationships BB12</p>	<p>Rights, Rules & Responsibilities Citizenship RRR12 & Conflict Resolution Enrichment unit</p>	<p>Family and Friends Myself and my relationships FF12</p>	<p>Financial Capability Economic Wellbeing FC12</p>	<p>Managing Safety & Risk Healthy & safer lifestyles MSR12</p>	<p>Healthy Lifestyles Healthy & safer lifestyles HL12</p>
Year 2						
Year 3	<p>Beginning and Belonging Myself and my relationships BB34</p>	<p>Rights, Rules & Responsibilities Citizenship RRR34 & Conflict Resolution Enrichment unit</p>	<p>Family and Friends Myself and my relationships FF34</p>	<p>Financial Capability Economic Wellbeing FC34</p>	<p>Managing Safety & Risk Healthy & safer lifestyles MSR34</p>	<p>Healthy Lifestyles Healthy & safer lifestyles HL34</p>
Year 4						

Year 5	Beginning and Belonging Myself and my relationships BB56	Rights, Rules & Responsibilities & Conflict Resolution Citizenship RRR56 Enrichment unit	Family and Friends Myself and my relationships FF56	Financial Capability Economic Wellbeing EW3 FC56	Managing Safety & Risk Healthy & safer lifestyles MSR56	Healthy Lifestyles Healthy & safer lifestyles HL56
Year 6						

Other units taught elsewhere in the curriculum:

*Unit to be used (at the discretion of teachers) at the beginning of each academic year: Working Together

*E-Safety & Digital Lifestyles to be taught as part of the computing curriculum and as a 1 day focus on Safety Internet Day each year + added to Managing Safety & Risk unit (in Yr 5 & 6) – unit called 'Digital Footprint'

Year B 2024-25 2026-27 2028-2029	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
		1 day of Conflict Resolution (Enrichment unit) to be taught as part of Anti-bullying week	1 day of E-safety to be taught as part of Safer Internet Week		SRE unit to be taught by class teacher last week of Summer 1	
Foundation Stage	Beginning and Belonging Myself and my relationships BBF	Family and Friends (including anti-bullying) Myself and my relationships FFF + My Emotions Myself and my relationships MEF	Identities and Diversity Citizenship IDF	Me and My World Citizenship MWF	My Body and Growing Up Healthy & safer lifestyles BGF	Healthy Lifestyles Healthy & safer lifestyles HLF
Year 1	My Emotions Myself and my relationships ME12 & Zones of Regulation RAB Enrichment unit	Anti-bullying Myself and my relationships AB12 + Conflict Resolution (light touch only)	Diversity and Communities Citizenship DC12	Drug Education Healthy & safer lifestyles DE12	Being Safe Healthy & safer lifestyles PS12 + Managing Change Healthy & safer lifestyles MC12 (light touch only)	
Year 2					Being Safe Healthy & safer lifestyles PS34 + Managing Change Healthy & safer lifestyles MC34 (light touch only)	
Year 3	My Emotions Myself and my relationships ME34 & Zones of Regulation RAB Enrichment unit	Anti-bullying Myself and my relationships AB34 + Conflict Resolution (light touch only)	Diversity and Communities Citizenship DC34	Drug Education Healthy & safer lifestyles DE34	Being Safe Healthy & safer lifestyles PS56 + Body Image Enrichment unit - Healthy & safer lifestyles BI56 (light touch only)	
Year 4					Being Safe Healthy & safer lifestyles PS56 + Body Image Enrichment unit - Healthy & safer lifestyles BI56 (light touch only)	
Year 5	My Emotions MMR15 ME56 & Zones of Regulation RAB Enrichment unit	Anti-bullying Myself and my relationships AB56 + Conflict Resolution (light touch only)	Diversity and Communities Citizenship DC56	Drug Education Healthy & safer lifestyles DE56	Being Safe Healthy & safer lifestyles PS56 + Body Image Enrichment unit - Healthy & safer lifestyles BI56 (light touch only)	
Year 6					Being Safe Healthy & safer lifestyles PS56 + Body Image Enrichment unit - Healthy & safer lifestyles BI56 (light touch only)	

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