

Long Term Curriculum Map for Physical Education

Reception Curriculum Map for Physical Education												
Term 1 (1)		Term 1 (2)		Term 2 (3)		Term 2 (4)		Term 3 (5)		Term 3 (6)		
Time	7 Weeks		7 Weeks		5 Weeks		6 Weeks		6 Weeks		7 Weeks	
Year R	S	Simple PE Games Following instructions Movement Spatial Awareness	S	Real PE - Personal Unit	S	Real Gym Unit	S	Real Dance Unit	S	Athletics – Elevating Athletics	S	Real PE- Creative Unit
	J	Real PE- Social Unit	J	Real PE- Cognitive Unit	J	Real PE- Physical Unit	J	Real PE - Health and Fitness	J	Athletics: Elevating Athletics	J	OAA

Key Stage 1 Curriculum Map for Physical Education												
Term 1 (1)		Term 1 (2)		Term 2 (3)		Term 2 (4)		Term 3 (5)		Term 3 (6)		
Time	7 Weeks		7 Weeks		5 Weeks		6 Weeks		6 Weeks		7 Weeks	
Year 1	S	Real PE - Personal Unit	S	Real PE- Social Unit	S	Choose Multi Ability Real Gym: Shape and Travel	S	Choose Multi Ability Real Dance Unit	S	Athletics: Elevating Athletics	S	Real PE Creative Unit
	J	Apparatus	J	Real PE - Cognitive Unit	J	Real PE- Physical Unit	J	Real PE- Health and Fitness Unit	J	Athletics: Elevating Athletics	J	OAA 3 Tees Cricket

Year 2	S	Real PE- Personal Unit	S	Real PE- Social Unit	S	Choose Multi Ability Real Gym: Shape and Travel	S	Choose Multi Ability Real Dance Unit	S	Athletics: Elevating Athletics	S	Real PE- Creative Unit
	J	Apparatus	J	Real PE- Cognitive Unit	J	Real PE- Physical Unit	J	Real PE- Health and Fitness Unit	J	Athletics: Elevating Athletics	J	OAA 3 Tees Cricket

KS2 Curriculum Map for Physical Education

Time	Term 1 (1)		Term 1 (2)		Term 2 (3)		Term 2 (4)		Term 3 (5)		Term 3 (6)	
	7 Weeks		7 Weeks		5 Weeks		6 Weeks		6 Weeks		7 Weeks	
Year 3	S	Real PE- Personal Unit	S	Real PE- Cognitive Unit	S	Choose Multi Ability Real Gym: Flight and Balance	S	Choose Multi Ability Real Dance Unit	S	Real PE- Creative Unit	S	Real PE- Physical Unit
	J	Football	J	Tag Rugby	J	Hockey	J	Netball	J	Athletics: Elevating Athletics	J	OAA / Cricket/Rounder's
Year 4	S	Real PE- Personal Unit	S	Real PE - Cognitive Unit	S	Choose Multi Ability Real Gym: Flight and Balance	S	Choose Multi Ability Real Dance Unit	S	Real PE - Creative Unit	S	Real PE- Physical Unit
	J	Football	J	Tag Rugby	J	Hockey	J	Netball	J	Athletics: Elevating Athletics	J	OAA / Cricket/Rounder's
Year 5	S	Real PE- Cognitive Unit	S	Real PE- Creative Unit	S	Choose Multi Ability Real Gym: Rhythmic and bench sequences	S	Choose Multi Ability Real Dance Unit	S	Real PE - Applying Physical Unit	S	Real PE- Personal Unit
	J	Football	J	Tag Rugby	J	Hockey	J	Netball	J	Athletics: Elevating Athletics	J	OAA / Cricket and Rounder's
Year 6	S	Real PE- Cognitive Unit	S	Real PE- Creative Unit	S	Choose Multi Ability Real Gym: Rhythmic and bench sequences	S	Choose Multi Ability Real Dance Unit	S	Real PE - Physical Unit	S	Cricket and Rounder's
	J	Football	J	Tag Rugby	J	Hockey	J	Netball	J	Athletics: Elevating Athletics	J	OAA/