



The Sport Buzz

R A Butler's Half- termly Sports Update— October 2023

Dear Parents and Carers,



The RAB PE department would like to welcome everyone back to school with what was a very warm start of term. The children have done so well settling back in and it has been lovely to see them all in their new classes, attending team training, enjoying the power hour and after school clubs. We also completed our netball unit this half term during PE and have rounded it off with some netball inspired house competitions this week! It has been great to see everything the children have learnt being applied during these competitions. This next half term is a busy one and we have included the key dates and the training schedule, (right). Please note **Girls team football training** will no longer be on a Monday lunchtime, instead this will now be **Dodgeball team training**.

Girls football festival

There continues to be a rise in popularity for the girls' game and after last years success, RAB attended another girls' football festival years 4-6 which was split across morning and afternoon sessions. The girls took part in a circuit of different football specific skills, working with different coaches and on a number of different skills. This was followed by small sided games where the girls had the fantastic opportunity to play different players from other schools. Fun was had by all and we could see brilliant football skills on display.

Kurling and Boccia

We were so impressed with the 16 children we took to Lord Butler Leisure Centre for the Kurling and Boccia competition. They demonstrated fantastic teamwork and determination taking part in both aspects of the competition. Our year 6 team took Silver in the Boccia which was amazing as it's not something they get to practice all the time, and our mixed Y4/5 team bought back bronze for third place! All teams enjoyed the day, well done everyone!



Boys Football

We started off the year with some wonderful results with our football. The boys team faced schools from around the Uttlesford district and fought hard in every game showing both great teamwork and resilience. Both teams did incredibly well, our year 5/6 team came 5th. Our year 6 team took on the challenge to face both the small and medium school winners and did an amazing job, the final game came down to the wire, ending with a 2-2 draw, resulting in a penalty shootout! The boys kept their nerve and with some amazing goal keeping and some brilliant and composed shots the boys were victorious and have now made their way to the county finals which will take place in November. Well done to all the boys involved.



Girls Football

The girls' tournament went ahead in the afternoon, with two teams across years 5 & 6 raring to go. Like the boys, they played a number of schools across Uttlesford and demonstrated their amazing football skills, teamwork and determination. They had a number of close games with some great goals being scored, they took on every challenge and both teams finished in the top 3! Our two teams placed 2nd and 3rd overall, just missing out on the finals, however, we couldn't be prouder. Well done girls, keep up the good work!



Diary dates this term

November

Wed1	Cross Country
Wed 8	Year 3/4 Dodgeball
Thurs 16	Tag Rugby
Tues 21	Boys County football finals
Wed 22	Dodgeball
Thurs 23	Archery
Thurs 30	Basketball
Thurs 30	Golf

December

Thurs 7	Dodgeball finals 5/6
Fri 8	Dodgeball finals 3/4

Weekly Team Training

Wed AM

Netball Development

Break time

Tues & Thurs Cricket Fielding practice

Lunchtime

Mon	Dodgeball
Tues	Basketball
Wed	Tag Rugby
Thurs	Boys football
Friday	Netball

After school Team training

Fri	Hockey
-----	--------

R A Butler's Half– termly Sports Update— October 2023



Sports Day

This probably seems like a life time ago now as we welcome in the autumnal days and darker nights but we hope you all enjoyed your child's sports days events this year. We found having the year groups on separate days worked very well and we received lots of lovely feedback about the organisation and how well our children helpers were.

Thank you for all your support with this. Due to its success, we have decided to follow the same format in 2024.



Sporting Achievements

We want to send huge congratulations to Alin K (who made an appearance in the local newspaper) for her excellent performance at the Welsh open Full Contact Karate tournament held in Wales. Alin showed her amazing Karate skills at the event where she took 3rd place. We are so proud of Alin and her commitment to her sport and wish her continued success, we can see she clearly works hard and is dedicated to this sport and that is great to see. Well done Alin!

Also, Luke M, one of our very successful RAB athletes took part in a 5K event running it in **22:59!** This is amazing, we know Luke is a very keen runner and are so pleased to hear of his successes outside of school. We hope Luke continues to work hard with his running and look forward to seeing him race this term in the long distance competitions. Keep it up Luke!

Remember— if you know anyone who has a sporting achievement they would like to share in the Sports Buzz please email pe@rab.academy with more information.

Looking ahead...

Hopefully you received our recent letter about Microsoft forms. These forms are included in the letter which invite your children to sporting events. This is just a reminder of the importance of completing these forms for sports events. It is really helpful if forms can be done by the deadline so that we can make all the necessary arrangements.

Thank you for your support with this.

Next term we will be doing hockey during our PE lessons and Mr Smith is very much looking forward to starting this unit with KS2. A letter has been sent regarding our gumshield policy, we do ask that all children bring in their gumshield for all PE lessons to ensure they can take part (we recommend leaving it in school). This is compulsory for safety reasons.

A reminder, if your daughter is in KS2 and interested in football there is an opportunity for free football training sessions every Tuesday evening which take place at SWCHS 4-5pm. Please see attached poster for more information.

Once again we would like to say a huge Thank You to all the parents and volunteers who have helped us this half term. Attending all these events would not possible without all your support and we are very appreciative of that! This next half term is a very busy one for sports so keep an eye out for all the emails and information and please remember to complete the forms by the deadline stated.

Have a lovely half term break.
RAB PE department.

Thank you!

