

PSHE Curriculum Map

PHSE	<p>Curriculum content and skills progression</p> <p>Please use the Cambridgeshire Personal Development Programme for content, activities and resources.</p> <p>https://phseservice.eschools.co.uk/dashboard (Username: rebecca.alexander Password: 1506)</p> <p><i>Please note this is a 2-year rolling programme. All content can be planned across phase groups except for the Sex & Relationships, these should be planned for and taught in single year groups by the class teacher</i></p> <p><i>NB: In addition to the content to be covered on the planning tool, we should also ensure NON-Opt-out able content to cover FGM and CSE</i></p>					
Year A 2021-22 2023-24 2025-26	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
		1 day of Anti-Bullying to be taught as part of Anti-bullying week	1 day of E-safety to be taught as part of Safer Internet Week		SRE unit to be taught by class teacher last week of Summer 1	
Foundation Stage	Beginning and Belonging MMR1 BBF	Family and Friends (including anti-bullying) MMR2 FFF + My Emotions MMR3 MEF	Identities and Diversity	Me and My World Cit2 MWF	My Body and Growing Up HSL1 BGF	Healthy Lifestyles HSL3 HLF
Year 1	Beginning and Belonging MMR4 BB12	Conflict Resolution/Peer mediation + Anti-bullying MMR7 AB12 (light touch only)	Family and Friends MMR6 FF12	Financial Capability EW1 FC12	Managing Safety & Risk MSR12	Healthy Lifestyles HSL7 HL12
Year 2						
Year 3	Beginning and Belonging MMR9 BB34	Conflict Resolution/Peer mediation + Anti-bullying MMR12 AB34 (light touch only)	Family and Friends MMR11 FF34	Financial Capability EW2 FC34	Managing Safety & Risk MSR34	Healthy Lifestyles HSL14 HL34
Year 4						
Year 5	Beginning and Belonging MMR14 BB56	Conflict Resolution/Peer mediation + Anti-bullying MMR17 AB56 (light touch only)	Family and Friends MMR16 FF56	Financial Capability EW3 FC56	Managing Safety & Risk MSR56	Healthy Lifestyles HSL21 HL56
Year 6						

Year B 2022-23 2024-25 2026-27	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
		1 day of Conflict Resolution to be taught as part of Anti-bullying week	1 day of E-safety to be taught as part of Safer Internet Week		SRE unit to be taught by class teacher last week of Summer 1	
Foundation Stage	Beginning and Belonging MMR1 BBF	Family and Friends (including anti-bullying) MMR2 FFF + My Emotions MMR3 MEF	Identities and Diversity	Me and My World Cit2 MWF	My Body and Growing Up HSL1 BGF	Healthy Lifestyles HSL3 HLF
Year 1	My Emotions & Zones of Regulation MMR5 ME12	Anti-bullying MMR7 AB12 + Conflict Resolution (light touch only)	Diversity and Communities Cit4 DC12	Drug Education HSL8 DE12	Personal Safety HSL9 PS12 + Managing Change MMR8 MC12 (light touch only)	
Year 2						
Year 3	My Emotions & Zones of Regulation MMR10 ME34	Anti-bullying MMR12 AB34 + Conflict Resolution (light touch only)	Diversity and Communities Cit7 DC34	Drug Education HSL15 DE34	Personal Safety HSL16 PS34 + Managing Change MMR13 MC34 (light touch only)	
Year 4						
Year 5	My Emotions & Zones of Regulation MMR15 ME56	Anti-bullying MMR17 AB56 + Conflict Resolution (light touch only)	Diversity and Communities Cit10 DC56	Drug Education HSL22 DE56	Personal Safety HSL23 PS56 + Body Image MMR BI56 (light touch only)	
Year 6						

Other units taught elsewhere in the curriculum:

*Unit to be used at the beginning of each academic year: Working Together

*E-safety/Digital Lifestyles to be taught as part of the computing curriculum and as a 1 day focus on Safety Internet Day each year + added to Managing Safety & Risk unit