



The Sport Buzz

R A Butler's Half-termly Sports Update— March 2024

Dear Parents and Carers,



This has been a short but busy term and we have loved every minute of it. With competitions, shows and festivals there has been much for the children to get involved with. Mr Andrews has finished his first full term with us at RAB and is looking forward to the summer term of sports. This term we have had dance, gymnastics, rugby, hockey, netball and football for PE so there have been many exciting sports to enjoy. We have highlighted some of our main events below. Please take a look at our key diary dates for next half term to see what we have coming up.

Dance and Gymnastics

Our Dance and Gymnastics leapt to new heights this term with our children taking part in the annual KS2 Gym and Dance show with both a dance and gymnastics piece. The children were outstanding, getting on stage in front of a sold out Saffron Hall to put on their best performances yet. We couldn't have been prouder with how hard they trained and rehearsed and how well they performed. We had a fantastic theatrical dance from Sue Raven's dance club and the girls looked fabulous in their genie inspired costumes.



We started the term with dance and ended the term with our KS1 Dance Festival which took place at Radwinter school. 40 Year 1 & 2 children took part in two dances and they were AMAZING. Dancing to every beat with smiles on their faces, they did RAB proud. This was a very successful term for our Dance and Gymnastics with some of our first ever appearances at these events. Well done to all involved!

Tag Rugby Year 4

Our year 4 tag rugby team, who had successfully qualified, travelled to Carver Barracks to take part in the USSP finals. This was Mr Andrews' first RAB competition and he was as excited as the children to get his first taste of school competitions. The children played very well as a team, tagging lots, passing well and scoring some amazing tries.

Some games were close but RAB fought hard to make it all the way through to the finals, they did not lose a game and only drew one to bring back the Cup. Such great work by all involved!

They went on to play at the Level 3 event which had schools from across Essex, these games were again all really close and the team faced some new challenges. They played well but narrowly lost out on some close games, they came 7th overall in this event.

Hockey

Three teams took part in the year 5&6 Hockey competition at JFAN this term and it was a busy morning with lots of games being played. 30 children from across year 5 & 6 have been training and working hard to attend this tournament. Each team played well in their pool games, some really close games again with just one goal in it. RAB yellow took joint first in their pool which saw them move to the trophy competitions, the other two teams narrowly missed out on being part of the top pool so played in the second and third. RAB yellow won, lost and drew two games in their second round of games which placed them in the semi-final playoff for 3rd place against Dame Bradbury's. This was a well fought game with some really close shots at goal but unfortunately in the closing minutes Dame B's scored the goal which secured them 3rd place. The children were disappointed to miss out after coming so close, but they showed real resilience and we were very proud of them. RAB Blue and Green played some close games again, only one score in it to take 5th place in the second tournament and RAB Green to take 3rd in the Final tournament. Lots of great hockey was played and it was a fantastic experience for the children.

Diary dates this term

April

TBC Multiskills Prep

Thurs 25 Archery Finals

May

Thurs 2 Rapid Fire Cricket— Yr 4

Fri 3 Mini Tennis

Wed 8 Rounders Festival—Yr 5

Thurs 9 Three Tees Cricket - KS1

Wed 15 KS1 Inclusion

Tue 21 Dynamos Cricket—Yr 5/6

Team Training Weekly

Wed AM

Netball Development

Lunchtime

Mon Yr. 3 & 4 Girls Football

Wed Cricket

Thurs Athletics

Friday Rounders

After school Team training

Thurs Cricket & Athletics (see separate time table)



R A Butler's Half-termly Sports Update— December 2023



Hockey Fixtures Fridays

Every Friday the Hockey Squad have been taking part in a League with other local schools, playing fixtures every week at JFAN. This is another amazing opportunity for children to grow their hockey skills, teamwork and Match play experience, on the much bigger JFAN pitch. We have had some very successful wins and again some really close games, in our last match our Navy Team lost to STM 2-1 and our Red team lost to Dame Bradbury's 4-0. The children really enjoy these fixtures. The season has now finished but will start up again in the Winter/Spring term.



Netball

We have been unlucky with weather this term and unfortunately one of our big netball tournaments got rained off and could not be rearranged due to time restraints. However we did get to attend the USSP competition which took place at SWCHS. Three teams entered and all the children had a fantastic afternoon of netball, playing lots of games against different schools. It was a great experience and opportunity to further grow and develop our netball here at RAB. Our teams finished 6th, 10th, and 11th.



Netball Fixture v Fairstead House

We invited two teams from years 5 & 6 Fairstead House to come to RAB for a local fixture. It was brilliant for the children to experience a match of netball away from a competitive environment. We had two teams playing and we won both matches. We even got to have some biscuits afterwards with the other team which was lovely. We are in the process of organising another fixture in the summer term for the year 4/5 development group.

Sporting Achievements

Our sporting recognition this month goes to Oliver E (6MB). Not only does Oliver swim in our own RAB squad, but he also swims at Saffron Seals and recently qualified to swim in the Essex County Swimming Championships in January and February at the London Olympic pool in Stratford. He swam 50m, 100m and 200m breaststroke. Achieving several PBs and a Saffron Seals Club record in 200m breaststroke! This is such an amazing achievement and he should be so proud of himself of what he has achieved, clearly he has been training hard. Keep up the good work Oliver! We love hearing about your sporting success outside of school, please keep them sending them in to pe@rab.academy.



Looking ahead... Next Term

Next half term, we have the introduction of our summer sports, and in particular Summer Trials which will take place the first week back. Please refer to our letter sent previously about the dates and times of these events. In PE Mr Andrews will be doing Athletics across all the key stages so the children will need PE kits and trainers. We are hoping for brighter, sunnier days.



Once again we would like to say a huge Thank You to all the parents and volunteers who have helped us this half term. We have had such a busy term with a huge number of sporting events taking place and your help as always is greatly appreciated. We wish you and your families a happy and pleasant Easter Break. We look forward to seeing you all back for a sunnier, Summer Term of sports.

Have a lovely Easter Break.
RAB PE department.